



# February 2026 Smithville Senior Center



113 W. Main St., Smithville, MO 64089 816-343-2073 [www.smithvillemo.org/seniorcenter](http://www.smithvillemo.org/seniorcenter)

**HOURS:** Mon, Wed, Fri: 8 a.m. to 2 p.m. Tue, Thurs: 10 a.m. to 1 p.m.

The Senior Center serves Clay County residents aged 60 and over through a partnership with Clay County Senior Services (CCSS).

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2 Groundhog Day</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
8-8:45 Strength & Balance 9-12 Games & Cards 12:00 Lunch, <b>12:30</b> Bingo  Pork Tenderloin Sandwich Potato Salad Baked Beans Apple Crisp	<b>NO Mindful Movement</b> 11:00 Lunch  Roast Beef Sandwich Baked Chips Fresh Veggies w/Dip Cookie	8-8:45 Strength & Balance 9-12 Games & Cards 10:30 Library Rep Visit 12:00 Lunch, <b>12:30</b> Bingo  Domino's Pizza Spinach Salad Ice Cream Bars	<b>NO Chair Yoga</b> 11:00 NEW Super Bingo 12:00 Lunch  “SOUPER” LUNCH: Vegetable Beef Soup ½ Turkey & Swiss on Wheat Cookie	8-8:45 Strength & Balance 9-12 Games & Cards 12:00 Lunch, <b>12:30</b> Bingo  Meatloaf Mashed Potatoes & Gravy Green Beans Roll, Sliced Pears
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
8-8:45 Strength & Balance 9-12 Games & Cards 12:00 Lunch, <b>12:30</b> Bingo  Lasagna Lettuce Salad Garlic Bread Dessert from Viva Sr. Lvg.	<b>10-10:45</b> Mindful Movement 11:00 Lunch  Ranch Chicken Wrap Pasta Salad Fresh Grapes	8-8:45 Strength & Balance 9-12 Games & Cards 11:30-12:30 Humana rep: “Check Your Provider” 12:00 Lunch, <b>12:30</b> Bingo 1-2 Bunko  Fried Chicken Tenders Macaroni Salad, Broccoli Spice Cake	<b>10-10:45</b> Chair Yoga 11:00 NEW Super Bingo 12:00 Lunch  “SOUPER” LUNCH: Chicken Noodle Soup Caesar Salad, Breadstick Brownie	8-8:45 Strength & Balance 9-12 Games & Cards 12:00 Lunch 12:30 Making Music  Taco Salad w/Meat & Refried Beans Tortilla Chips & Fixings Ambrosia Dessert
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
<b>CLOSED</b>  <b>PRESIDENTS’ DAY</b>	<b>10-10:45</b> Mindful Movement 11:00 Lunch  Egg Salad Sandwich Baked Chips Clementine Granola Bar	8-8:45 Strength & Balance 9-12 Games & Cards 12:00 Lunch 12:30 Music Bingo with Three Rivers Hospice  Sloppy Joe, Baked Potato Steamed Peas & Carrots Fresh Cut Fruit	<b>10-10:45</b> Chair Yoga 11:00 NEW Super Bingo 12:00 Lunch  “SOUPER” LUNCH: Ham & Bean Soup Cornbread, Fresh Veggies Ice Cream Bar	8-8:45 Strength & Balance 9-12 Games & Cards 12:00 Lunch, <b>12:30</b> Bingo  Breaded Fish Filet Coleslaw Potato Wedges Peach Cobbler
<b>23 Birthday Party</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
8-8:45 Strength & Balance 9-12 Games & Cards 12:00 Lunch (No Bingo)  Fried Chicken Mashed Potatoes & Gravy California Veggies Dinner Roll Cake from Terrace Park	<b>10-10:45</b> Mindful Movement 11:00 Lunch  Turkey Club Wrap Potato Salad Apple Slices Cookie	8-8:45 Strength & Balance 9-12 Games & Cards 12:00 Lunch, <b>12:30</b> Bingo  Sliced Baked Ham Macaroni & Cheese Stewed Tomatoes Applesauce, Cookie	<b>10-10:45</b> Chair Yoga 11:00 NEW Super Bingo 12:00 Lunch  “SOUPER” LUNCH: Broccoli Cheese Soup Chicken Salad Croissant Fresh Fruit	8-8:45 Strength & Balance 9-11 Health Screenings with NKC Health Nurses 9-12 Games & Cards 12:00 Lunch 12:30 Movie: Casablanca Roasted Turkey w/Gravy Stuffing, Cooked Carrots Oreo Whipped Dessert
<b>JOIN US FOR LUNCH!</b> <b>\$5 per meal, cash only</b> <b>Reserve your meal:</b> <b>Call 816-343-2073 by 1 pm the prior business day.</b> Reservations made after 1 pm or on weekends are not guaranteed.		<b>INCLEMENT WEATHER POLICY:</b> The Center follows the lead of Smithville School District when deciding to close due to adverse weather. Keep in mind the Senior Center may sometimes close even if the schools remain open. To get a recorded phone message as soon as closure decisions are announced, please provide us with your phone number. Check local news stations, email, and our website for updates.	<b>SPECIAL EVENTS THIS MONTH:</b> <ul style="list-style-type: none"> <li><b>NEW on Super Thursdays!</b> Following Chair Yoga class, join us for an hour of staff-led Bingo with surprise “super” prizes, then enjoy a different hot soup each week paired with a sandwich or salad.</li> <li><b>Get a quick “network check”</b> to confirm your medical providers’ status with NKC Health (NKC Hospital &amp; Meritas). Rep visit sponsored by Humana. <b>Feb. 11</b></li> <li><b>Bunko players wanted!</b> Join the fun of this easy game and see what Bunko is all about. Laughs guaranteed! <b>Feb. 11</b></li> <li><b>Free screenings</b> with NKC Health nurses for blood pressure, total cholesterol, and blood glucose. 8-hr. fast recommended. <b>Feb. 27</b></li> </ul>	